



CONSENT FORM

Before providing consent, please ensure you have read the Counselling Information for Parents/Caregivers document available under the Resources tab on the website.

As a client of Emily Stanley Counselling, your adolescent/loved one has certain rights that are important to understand. This document is designed to inform you about the management of the information you and your adolescent disclose to me as their counsellor. I deeply respect your right to ask questions, voice any concerns and stay updated regarding your adolescent's counselling journey.

Purpose of Collecting and Retaining Information

As part of providing a professional service to your adolescent, it will be necessary for me to gather and document personal information relevant to their current situation. This information will form an important part of our work together and contribute towards providing your adolescent with a quality service. The information is retained in order to document what happens during counselling consultations, and enables me as the counsellor to provide a relevant and informed therapeutic service.

Confidentiality

With the allowance of certain exceptions described below, your adolescent has the right to the confidentiality of the information that is shared. The material recorded in the file can be provided to you upon request, subject to the exceptions in the National Privacy Principle 6.

All personal information gathered by me during the provision of professional services will remain confidential and secure except when:

- It is subpoenaed by a court, or
- There is a perceived risk of harm to yourself or another person, or
- Your prior approval has been obtained to:
 - Provide a written report to another professional or agency, e.g. a GP or lawyer;
 - Discuss the material with another person, e.g. a parent or employer.

Withdrawing Consent

You and your adolescent/loved one may end the counselling relationship at any time, with the exception of late cancellations/no shows as identified below. While you are free to discontinue services at any time, it is preferable to have a closing session or phone call, to provide an appropriate closure to the experience and to ensure your child understands that counselling is ending. You also have the right to discuss modifications of any of my counselling techniques, or raise concerns/suggestions.

Fees:

The cost for a one-hour counselling session is \$145, including 10 minutes administration time. The fee is payable at the end of each session by Eftpos or cash.

Cancellation Policy:



If for some reason you need to cancel or postpone your appointment, please give at least 48 hours notice. If you cancel a regular appointment with less than 48hrs notice, it will incur a \$57.50 fee. Appointments rescheduled with less than 24hrs notice will incur a full session fee (\$145), unless the client is unwell or there is some other unavoidable circumstance. The reason for this is that we allocate one hour to each client and if there is short notice of a cancellation this time cannot be filled with another client on the waiting list. If a cancellation was made due to unavoidable circumstances, then we will try our best to reschedule the appointment.

By signing below, you are indicating that you have read and understood the above Consent Form, and agree to these conditions for the services provided by Emily Stanley Counselling.

Consent for Treatment of Minors:

I/we consent that my/our adolescent/child under the age of 18,

..... (name of child) may be treated as a client by Emily Stanley Counselling. This consent form applies for a 12 month period following signing. Consent can be revoked at any time.

Parent or Guardian's name (please print)

.....

Parent or Guardian's Signature: Date: